



Rhode Island Shorthand Reporters Association Presents Its...

NCRA APPROVED 2019 Fall Seminar ***Has the CAT Got Your Tongue? Master the Art of Public Speaking...***

By Professor Robert E . Burns, A.B.D., M.A.

Speech Pedagogy, Speech Anxiety Reduction, Public Speaking Confidence, Philosophy of Speech

As a former "laliophobic" or stage fright victim, Professor Burns has mastered his own debilitating fear of public speaking as well as a severe stuttering defect. Professor Burns will share his program for overcoming speaking fears, his 7 Ps of Speech Anxiety Reduction, as well as some essential tenets of effective communication, which will help all in attendance reexamine their speaking skills, listening skills, and overall communication competence. View presentation at www.youtube.com/watch?v=pUDFAxrHP5I

DATE: TUESDAY, OCTOBER 29, 2019

TIME: 5:00 PM - 8:30 PM

LOCATION: Caffé Itri, 1686 Cranston Street, Cranston, RI 02920

TIME

AGENDA

05:00 PM - 05:15 PM	Member Check-In
05:15 PM - 06:00 PM	Dinner
06:00 PM	Guest Speaker Introduction
06:00 PM - 07:00 PM	Has the CAT Got your Tongue? Learn How to be a Confident and Other-Centered Public Speaker/Communicator!
07:00 PM - 07:15 PM	Break
07:15 PM - 07:45 PM	7 Ps of Speech Anxiety Reduction Positive Perception, Thinking, Self-Talk, Visualization, Breathing, Preparation, and Behavior
07:45 PM - 08:15 PM	How to Improve Your Listening! "A Useful Prescription." The HURIER Model, which gives us The Six Stages of Listening: Hearing, Understanding, Remembering, Interpreting, Evaluating and Responding
08:15 PM - 08:30 PM	Question and Answers

TOTAL CEU CREDITS

0.20